

# Hopeful Happenings



## Women for Hope

Volume 2, Edition 1

[www.womenforhope.com](http://www.womenforhope.com)

February, 2008

### American Heart Month and Eating Disorder Awareness



The month of February is American Heart Month. This is sponsored by the American Heart Association and used as away to increase awareness about heart disease.

To help the cause, we are increasing our normal donation from 10% to 15% for any heart disease awareness jewelry or when you choose the American Heart Association as the benefiting organization.

Sites for more information:

[www.americanheart.org](http://www.americanheart.org)

[www.goredforwomen.org](http://www.goredforwomen.org)

February 24—March 1 is National Eating Disorder Awareness Month. So many suffer in silence with this condition and are afraid to get help. The Joy Project, [www.joyproject.org](http://www.joyproject.org) is an organization that was founded by Joy Nollenburg, a survivor herself, who went through recovery on her own. She wanted to share and help others so they wouldn't be alone in their struggle with the disease.

We will also be increasing our donation for any eating disorder awareness purchases from 10% to 15% during the entire month of February.

Sites for more information:

[www.joyproject.org](http://www.joyproject.org)

[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

### Pre-order Angela Shelton's Book!

Angela Shelton, a crusader in the fight to break the silence about sexual assault and incest, has a book about her story, *Finding Angela Shelton*, coming out on April 1st. This book chronicles her journey while making the award-winning documentary, *Searching For Angela Shelton*.

Check out the link on our site at [www.womenforhope.com/howtohelp.html](http://www.womenforhope.com/howtohelp.html) to preorder the book. If you use the link on Women for Hope to order, we receive a percentage of each sale which we in turn will donate 50% of to the charities we work with.

Pam is also the Michigan leader

### Check out our new logo



Designed by Katherine Rhodus, we now have a new logo for Women for Hope. Look for it soon on t-shirts, mugs and other fun stuff when we add it to our Café Press store!



### Happy Valentine's Day

#### Special points of interest:

- FEBRUARY AWARENESS
- INTRODUCING OUR NEW LOGO
- ANGELA SHELTON'S BOOK
- NEW VENDOR ADDED
- LOCAL EVENTS IN MICHIGAN—ANN ARBOR TAKE BACK THE NIGHT AND MACOMB COUNTY VAGINA MONOLOGUES

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for the Finding Angela Shelton Awareness campaign. Stay tuned for more details on that.

To find out more about the book and Angela Shelton visit:

[www.findingangelashelton.com](http://www.findingangelashelton.com)

Or

[www.angelashelton.com](http://www.angelashelton.com)



### SBS Teas— New Vendor

Check out our new vendor in the Food and Treats section in our shop!

SBS Teas carries a variety of loose leaf teas in lots of yummy flavors. They also have coffees and teapots and other "tea" accessories. They make great gifts for those tea lovers. We bought some over the holidays, including a pot and some tea for Pam's sister who loves her gift.

Check them out at

[www.womenforhope.com/foodandtreats.html](http://www.womenforhope.com/foodandtreats.html)

We are also in the process of adding ...yes... a chocolate company to our shop!

Stay tuned for details.

### Feedback

We would love to hear feedback from our customers and visitors.

If you have an idea about a product you would like to see offered on our site, a resource to be added to our resource section, feedback on our products (good and bad), we would

love to hear it. And we will send you a coupon code to receive a 10% discount on your next order. Email us at [info@womenforhope.com](mailto:info@womenforhope.com) ...we want to hear from you!

As a survivor of rape, these events are so empowering for women, and help break the silence.- Pam Swider, Women for Hope

### Final words...Local Michigan Events we are helping with and you can too!

#### Take Back the Night

As many know, we are working with the Ann Arbor Coalition Against Rape to help with the Take Back the Night rally and march. The rally/march will take place at the University of Michigan Diag on April 10, 2008.

We are also involved in the planning of the Benefit Dinner which is being held on March 1, 2008 at Weber's Inn in Ann Arbor, MI. The tickets are \$35 each and \$65 for a couple and include dinner, entertainment featuring the Danny Tyrell Project and a Silent Auction where 100% of the proceeds are donated right to the fund for TBTN. If you are interested in more information see the websites at:

[www.tbtnannarbor.org](http://www.tbtnannarbor.org)

Or

[www.sitemaker.umich.edu/tbtn/home](http://www.sitemaker.umich.edu/tbtn/home)

Also, we are helping raise funds via Women for Hope. If you

use the fundraising code—

**AATBTN-FC** when ordering, the 10% will be donated to Ann Arbor's Take Back the Night.

#### Vagina Monologues

We have been honored to be asked to exhibit at the Macomb County performance of the Vagina Monologues. This is the 10th anniversary of V-Day— a global movement to end violence against women and girls that raises funds and awareness through benefit productions of Playwright/Founder Eve Ensler's awarded winning play The Vagina Monologues.

The performance is on February 16, 2008 at the Emerald Theater in Mt. Clemens, MI. Tickets are \$25.00 each. We will be there, selling our jewelry and such. Turning Point, the rape and domestic violence crisis center that Pam first went to when starting her recovery, is the center that is benefitting from the performance.

If you can't make it to the performance, but still would like to help through Women For Hope, use the fundraising code—

**TurningPoint** when ordering and 10% of the proceeds from your order will be donated to Turning Point.

For more information about V-Day and the Macomb County Performance, including how to purchase tickets see:

[Performance in Macomb County](#)

[MySpace Page for Macomb County](#)

[V-Day Global Site](#)

[Turning Point](#)

'Til next time,

Pam and Tom

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